

Concussion Code of Conduct



Parents/Guardians:

- help a child get medical attention as soon as possible to help identify a suspected concussion if any signs or symptoms emerge;
- stop a child from activity when a concussion is suspected to decrease the risk of more severe, longer lasting concussion symptoms;
- will have their child cleared by a medical doctor or nurse practitioner prior to returning to learning and physical activity;
- help their child understand and follow a Return to Learn/Return to Physical Activity Plan if they are diagnosed with a concussion.

Students:

- respect the safety of others;
- wear the proper equipment and wear it correctly;
- develop skill and body strength so that they can be active;
- stop activity immediately if they suspect they might have a concussion;
- understand that any blow to the head, face, or neck, or a blow to the body which causes a sudden jarring of the head may cause a concussion;
- do not have to lose consciousness to have had a concussion;
- tell teachers, coaches, Principals, parents, or other responsible persons if they are concerned they have had a concussion and/or experience any signs and symptoms of concussion;
- will not be able to return to learning and physical activity following a collision where they experience signs and symptoms of concussion;
- understand that a concussion is a serious brain injury that has both short and long-term effects;
- respect coaches, staff, Principal, parents and medical professionals and any decisions made with regards health and safety.

Principals/Teachers/Coaches:

- inform the student's parent/guardian (or emergency contact) about any incident as soon as possible if a concussion is suspected;
- provide parents/guardians with a copy of the Concussion Protocol - Parent Information booklet, which will include the form - C-1 Tool to Identify a Suspected Concussion if a concussion is suspected;
- inform parents/guardians that they need to communicate to the school principal the results of the medical examination (i.e., the student does not have a diagnosed concussion or the student has a diagnosed concussion), prior to the student returning to school (see the C-2 Documentation of Medical Examination form);
- complete an OSBIE Incident Report and participate in the collaborative development and implementation of the C-3 Return to Learn/Return to Physical Activity Plan.