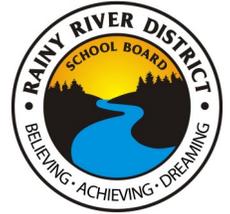


SAFETY FIRST!

Don't learn safety by accident



June 2018

Rainy River District School Board

Safety Talk—Travis Enge

Summer break is almost upon us!! For some, it is a much needed break from the classroom to rest, relax and recharge for next school year. For others, it is a busy time getting the schools fixed up and ready. Please be conscious when cleaning up your classrooms and work areas. Garbage cans need to be emptied safely and should not be filled in a way that emptying them may be hazardous for others. Please let the custodial staff know of any special requirements to ensure our year end cleaning activities are done injury free!!

Statistically, we are on par with our Health and Safety performance from last year. We are sitting at 22 recordables as of June 12th, which is identical performance as of June 12th last year. Last summer, however, we suffered two more recordable injuries from a back strain lifting boxes and a cut arm while working on a door latch. Our goal is to complete this summer with no recordable injuries.

We are also busy working on a solution to online incident reporting which will encompass Safe Schools, Violence in the Workplace and Health and Safety Incident reporting all in one place. More to come on that when you return this fall.

In the mean time, all the best to you and your family to have a safe and healthy summer!

STAFF WELLNESS INCENTIVE PROGRAM

If you did not receive funding from this incentive in the spring of 2017, don't forget to apply by July 16, 2018.

To support staff's individual healthy lifestyles, the Board is offering funding of up to \$100 to support the purchase of fitness equipment, health-promoting devices and resources, or activity or workshop fees.

For this year, this funding is for permanent employees and occasional employees (employed with the Board for three months or more) who did not receive funding from this incentive in the spring of 2017.

To meet the objectives of promoting long-term goals of healthy living, the criteria will only include activities or items that promote ongoing commitment to positive lifestyle changes for the employee.

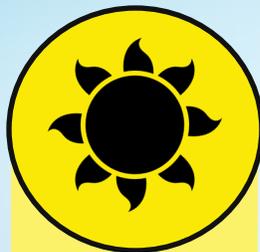
For more information or to apply, visit:
www.rdsb.com/staff-resources/wellness

Summer Health Tips



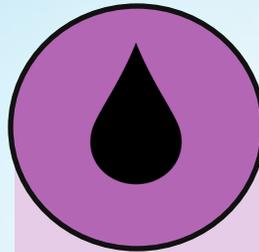
PROTECT YOURSELF

- Wear protective clothing, such as hats, sunglasses, and cover-ups.
- Apply sunscreen.
- Wear protective gear, such as helmets and life vests



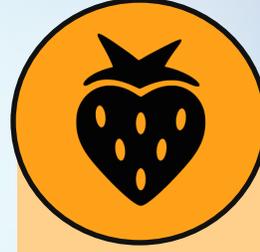
BE SUN SAFE

- Limit sun exposure when the sun's UV rays are strongest, between 10 a.m. and 4 p.m.
- Stay cool by finding air-conditioned shelter.



STAY HYDRATED

- Drink plenty of water.
- Don't wait until you're thirsty to drink more fluids.
- Avoid alcohol or liquids containing high amounts of sugar.



EAT HEALTHY

- Enjoy fresh produce as part of each meal.
- Wash and cook food thoroughly.
- Don't eat food that has been left out of refrigeration for more than 2 hours.



SLEEP WELL

- Maintain a regular sleep schedule.
- Resist the urge to stay up late.
- Getting enough quality sleep can protect your mental and physical health.

**RAINY RIVER DISTRICT SCHOOL BOARD
INCIDENT/ACCIDENT SUMMARY**



Current Year - September 1, 2017 - June 12, 2018

Severity					Total	Incident Type											
LT	MA	IN	NM	STF		SBA	SBC	MS	CA	VI	OTHER						
3	19	176	3	201	35	17	4	9	129	-	7						
<table border="1"> <tr><th>Severity</th><th>LT</th></tr> <tr><th>MA</th><th>IN</th></tr> <tr><th>NM</th><th></th></tr> </table>					Severity	LT	MA	IN	NM		2	-	-	-	1	-	-
					Severity	LT											
					MA	IN											
					NM												
5	3	1	4	6	-	-											
28	14	3	5	120	-	6											
-	-	-	-	2	-	1											

Last Years Comparison - September 1, 2016 - May 17, 2017

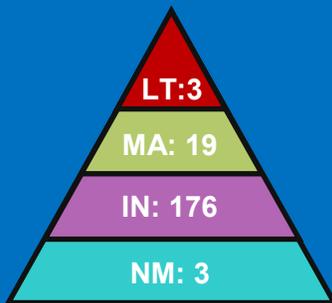
Severity					Total	Incident Type											
LT	MA	IN	NM	STF		SBA	SBC	MS	CA	VI	OTHER						
7	15	133	2	157	39	9	5	14	83	3	4						
<table border="1"> <tr><th>Severity</th><th>LT</th></tr> <tr><th>MA</th><th>IN</th></tr> <tr><th>NM</th><th></th></tr> </table>					Severity	LT	MA	IN	NM		2	-	-	4	-	1	-
					Severity	LT											
					MA	IN											
					NM												
9	2	1	2	-	-	1											
28	7	4	8	82	2	2											
-	-	-	-	1	-	1											

LT	Lost Time - Time missed after day of injury.
MA	Medical Aid - Visit to hospital.
IN	Incident - First aid required or physical contact.
NM	Near Miss - No physical contact but close call.

STF	Slip, Trip, Fall
SBA	Struck By, Struck Against
SBC	Shock, Burn, Cut
MS	Musculoskeletal
CA	Child Agression
VI	Violent Incident
OTHER	Allergic Reaction, Other

Board statistics

There have been a total of 201 reported incidents this year as of June 12, resulting in:



If you have a story regarding safety within the Board that you would like to share, please let us know. It could be something you learned or noticed, something that could be done better, or recognizing someone who is always a role model when it comes to safety.
Email: travis.enge@mail.rrdsb.com

CAUGHT WORKING



This month's winner is Shaun Egan

"Shaun took it upon himself to clean up a spill in the hallway at the Education Centre, so no one would slip and fall."

Once the 2018-2019 school year begins, please continue to send in nominations for employees you "Caught Working Safely," to heather.latter@mail.rrdsb.com

"Together, we empower all students to believe in themselves, to achieve, and to dream."

This publication is available in accessible formats upon request.