

ANTI-BULLYING UNITS

The Rainy River District School Board Anti-bullying units are a comprehensive, grade by grade, anti-bullying, JK to Grade 9 resource. The resource includes four or five subtasks (cross-curricular) for each grade level along with additional resource materials such as videos, CD's and books to reinforce each lesson. The intention of this curriculum is to assist teachers to inform and guide their students, as well as helping teachers to intervene effectively when bullying occurs.

Below is a summary of the resource:

JK/SK Targets – Experience the Feelings

- Identifying Feelings
- What Do I See?
- Make a Friend/Be a Friend
- Identifying a Bully
- Solving Problems with Friends

Grade 1 Targets – Responding to Bullying

- What are the defining elements of bullying? – Identifying Feelings
- What are the different types of bullying? – Right to Safety
- Teasing vs. Bullying – The **NO BULLIES!** Rap
- What are the different roles in a bullying situation? – Role Play – Part 1
- Strategies to reduce bullying – Role Play – Part 2

Grade 2 Targets – Feeling the Hurt

- What are the defining elements of bullying? – Music of the Heart
- What are the different types of bullying? – Inside and Out
- Teasing vs. Bullying – Problem Postcard
- What are the different roles in a bullying situation? – I Have the Right!
- Strategies to reduce bullying – Anti-Bullying Poster

Grade 3 Targets – Blazing Trails

- What are the defining elements of bullying? – STAR
- What are the different types of bullying? – Physical vs. Verbal
- Teasing vs. Bullying – Real vs. Fictional
- What are the different roles in a bullying situation? – Role-Playing Scenarios
- Strategies to reduce bullying – Creating Scenarios

Grade 4 Targets – Skills for Respecting Our Peers

- Feelings – Being Positive! Personal safety and the results of negative communication.
- Perspective/Point of View – Being Empathetic and Considerate. Healthy relationships with family and friends through empathy and consideration.
- Conflict Resolution – Challenges and responsibilities of conflicting opinions in peer relationships.
- Bullying – Decision-making skills. Defining the elements of bullying through language and role play.
- Coping With Bullies – Characteristics of a healthy relationship. – Advice for a friend who is bullied.

Grade 5 Targets – Sharing Effective Strategies

- Conflict Resolution -Assert Yourself!
- Feelings -On the Stress!
- Bullying -Bullying Looks Like This...
- Coping with Bullies -Getting the Message Out
- Perspective/Point of View -Together We Can Stop Bullying

Grade 6 Targets – Roles People Play

- Bullying – Types of Bullying and the Roles People Play
- Feelings – Conflicting Emotions
- Coping with Bullies – S.A.F.E. Strategies
- Conflict Resolution – Majority Rules: The Onlooker
- Perspective/Point of View – We All Have the Power!

Grade 7 Targets – Harassment

- Gender Issues - Exploring Group Dynamics
- Group Intimidation - Fairness and Friendship
- Making Threats - What is Harassment and How Do I Deal With It?
- Self-Esteem/Respect - Who Can Help Me in the Community?
- Communication Skills - Speakers' Corner

Grade 8 Targets – Making a Difference

- Group Intimidation - Case Study-Diffusion of Responsibility
- Gender Issues - How to Have a Moral Conscience in Grade 8
- Making Threats - Power-The Positive and the Negative
- Self Esteem/Respect - Social Justice: How Do I Fit In?
- Communication Skills - "I Am Going to Make a Difference"