

I live with Respect

I will treat myself and others with consideration, high regard, courtesy and dignity.

WHAT IS RESPECT?

We respect ourselves and treat others with courtesy, dignity, and positive regard. We honor the rights of others. We respect their belongings, the environment and the world around us. Respect can be shown in many little ways and, if we want our children to be respectful, the best way to achieve that is to model respectful behaviour for them.

A CANADIAN ROLE **MODEL OF RESPECT**

Dan George was born as Geswanouth Slahoot on a First Nations Reserve in North Vancouver. His English name originally was Dan Slaholt. His last name was changed to George when he entered a residential school at the age of 5. George worked at a number of different jobs, including as a longshoreman, construction worker and school bus driver. He was chief of the Tsleil-Waututh from 1951 to ★ * 1963. He began acting at 60 years old and was nominated $\stackrel{\bigstar}{\Rightarrow}$ for an Academy Award for Best Supporting Actor for his role in "Little Big Man". During his acting career, Chief Dan George always worked to promote better understanding and respect by non-aboriginals of the First Nations people.



Every human being of whatever origin, of \whatever station, deserves respect. We must each respect others even as we respect ourselves.

~U. Thant

Character In Action in High School

★ Journal Prompts:

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

- What can you do to make this a more respectful world?
- Do you consider yourself to be a respectful person? Why or why not? In what ways do you show respect to others?

- ☆ * What are the benefits of people treating each other with respect?
- ☆ * What can you do to make this a more respectful world?
- ☆ * Do you think that people in our society are respectful enough of each other? Why?
- ☆ * Do you consider yourself to be a respectful person? Why. or why not? In what ways do you show respect to others?
- ☆ * How is respect related to fairness? To caring? To the Golden Rule? To violence?
- ☆ * What are the benefits of people treating each other with respect?

☆ Writing Assignments:

- Watch a sitcom on television, and then write about how the actions of the characters demonstrated either respectful or disrespectful behaviour.
- ☆ * Write about a time when you were disrespectful to some- $\stackrel{\wedge}{\Rightarrow}$ one. Why did it happen? Was it the right thing to do? $\stackrel{\wedge}{\Rightarrow}$ What were the consequences? How did it make the other ☆ person feel? What did you learn from the experience?
 - Describe three things you could do to be a more respectful person. How would that affect your relationships with others? How does it benefit you to be a respectful person?

☆ Student Activities:

- **☆** * Conduct a survey in your school or community, asking questions like these. Do you think people are respectful enough? What are some disrespectful acts that really annov you? What are some respectful acts that you especially appreciate? Compile the results into a report.
- ☆ Divide the class into small groups. Have each group de-☆ velop a list of do's and don'ts for being a respectful person. Have them make oral reports to the class addressing $\stackrel{\wedge}{\Rightarrow}$ the following questions: What happens when people live ☆ in accordance with these guidelines. What happens when ☆ they don't? In what ways does respectful and disrespect-☆ ful behaviour affect our community and society? ☆

MOVIES:

- BREAKFAST CLUB The students learn that despite their differences, they have much more in common than they realized.
- FREEDOM WRITERS
- SCHOOL TIES

NOVELS/PLAYS:

- To Kill a Mockingbird
- Crabbe

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ ☆

- Lord of the Flies
- Frankenstein
- The Life of Pi
- King Lear
- Jurassic Park

SHORT STORIES:

- Showing Respect for Aunt
 - ~ Sandy Knauer

POEMS/SONGS:

- Respect, song by TRAIN
- Anne Frank by Joanne Stangridge (Elements of English 12)

INFORMATIONAL TEXT:

- "All I Really Need to know I Learned in Kindergarten" by Robert Fulgham (Break Away text)
- " I Ain't Sitting Beside Her" by Shyrose Jaffer (Inside Track, News Article)
- "Living with Nature" essay by David Suzuki (Transitions)
- "Why We Grow Insensitive to Dangers" Essay by David Suzuiki (Crossroads 10)
- "Lament for Confederation"

By Chief Dan George



I live with Initiative

I will recognize what needs to be done and do it, without prompting from others.

WHAT IS INITIATIVE?

Definition: the power or opportunity to act independently with a fresh approach before others do.

INITIATIVE is when we act without being prompted by others. We are eager to do what needs to be done without having to be told to do it. We take the first step towards the achievement of a goal.

I WILL:

do things without having to be

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆ *

☆ *

- pitch in where I see I am needed.
- be innovative and enthusiastic in everything that I do.

NOVELS:

The Road Less Traveled by Robert Frost

SHORT STORIES:

The Good Samaritan Is there really such a thing as talent? By Annie Dillard

SONGS:

9 to 5 by Dolly Parton

Get A Job Silhouettes

0000000000000000

It is not the mountain that we conquer, but ourselves.

—Sir Edmund Hillary

Character In Action in the High School

Suggested Activities

- Cut out a photograph of your hero and explain how this person showed initiative.
- ☆ * Write about an event in your life in which you ☆ succeeded at something which was very challeng- $\stackrel{\wedge}{\Rightarrow}$ ing. How much did any of the above listed behav-☆ iors contribute to your success? What did you ☆ learn from that?
- ☆ * Discuss the following statement.— Successful ☆ people get that way by being lucky. (hint: Initia-☆
 - How could you benefit by showing more initiative?
- ☆ * Write about a time in your life where you were successful because you acted without being ☆ prompted.
- ☆ * Write about a time when you witnessed someone ☆ being teased, taunted or bullied? How did you ☆ react? How did you feel? How do you think the $\stackrel{\wedge}{\Rightarrow}$ victim felt? How could you have shown more ini-☆ tiative.
 - Is there an area of the school that needs a makeover? What steps would you take to make change? What would your role be?
- **☆** * Often we go through our day taking things and or people for granted. If you had the opportunity to thank someone who would it be and why?

Canadian Model Initiative—Diane Du-

Diane Dupuy demonstrates what can happen when you dare to dream. With a mountain of obstacles stacked against her. Diane persevered and through blind determination, she made her dreams come true, founding the Famous People Players., an internationally renowned, blacklight theatre company based in Toronto, Ontario. Diane's remarkable imagination is what you see on stage. What you don't see is inspirational, as her performers are PEO-**PLE** who are developmentally challenged. Diane's commitment to the arts and to her special players has gained the highest respect and accolades around the world.

☆

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆ $\stackrel{\wedge}{\cancel{\sim}}$

 $\overset{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

Diane founded the company in 1974 with the belief that the disabled must be integrated into society. This non-profit organization employs people with physical and mental disabilities, with individuals sharing duties in dining room management, arts administration, and theatrical and visual arts performances.

Diane says, "Through one dream, a thousand dreams unfold".





I live with Courage

I will stand up for my beliefs and principles and face challenges, fear and difficulty with fortitude.

WHAT IS COURAGE?

Courage is demonstrated by people who stand up for what they believe in their heart to be the right thing to do, even when others don't support them and might try to convince them that they are wrong.

I WILL:

- Continue to do what I know to be right, even when it would be easier to follow another path.
- Ensure that my feeling of "I can" are stronger that my feeling of "I can't".
- Take risks to do the right thing, even when it might challenge the attitudes and behaviors of others..

WHAT'S IT ABOUT?

There are many types of courage.

- Physical Courage: overcoming fears when you are required to do something physical, i.e. dancing in front of friends.
- Emotional Courage: overcoming feelings of fear i.e., standing up to a bully.
- Spiritual Courage: overcoming fears to act on values that are important to you, i.e. Having the spiritual courage to take action against an injustice vou see taking place in the school yard.



I have learned over the years that when one's mind is made up, this diminishes fear; knowing what must be done does away with fear.

~Rosa Parks

Character In Action in High School

Suggested Activities

- What was the hardest stand you ever had to take with a friend? Did it cost you anything? $\stackrel{\wedge}{\Rightarrow}$ What were the benefits?
 - (www.goodcharacter.com)

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

☆

☆

☆

- ☆ * Profiles in Courage: Have the students, either individually or in groups, identify acts of courage by people in the news or by people in your school or community. Then have each individual or group make a presentation to the class and conduct a discussion. What do these selections have in common? What are their differences? What can the students learn about themselves from the selections they made? What have they learned from the people they selected? (www.goodcharacter.com)
- ☆ * Have your students bring in articles from magazines and newspapers describing situations in which moral courage is an issue. Conduct a discussion in which they decide who is acting courageously and who isn't.
 - Have students respond to the following quotation by Thomas Jefferson: "One person with courage is a majority."

Canadian Role Model of Courage

Romeo Dallaire

With more than 800,000 people slaughtered in 100 days the Rwandan genocide stands as one of the most horrific mass murders of the past century.

In the middle of the horror was a Canadian peacekeeper whose efforts to avert the tragedy were thwarted by political apathy and incalculable evil.

In 1993 Romeo Dallaire was chosen to lead the UN Mission in Rwanda.In 1994 he was the leader of the Canadian mission in Rwanda that was not given the authority to defend civilians. He oversaw the murder of 800.000 Tutsis (the worst massacre of the late 20th century); unable to do anything and watched in horror as men, women, and children were killed.

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 \Rightarrow

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\boxtimes}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

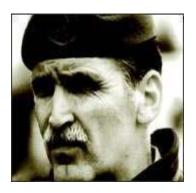
☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$ $\stackrel{\wedge}{\Rightarrow}$

Dallaire pleaded for 2000 more troops from the original 3000, and the permission to use aggressive force. Dallaire's request was denied which paved the way for the genocide. Dallaire could have quit in protest but decided to stay and prevent some of the carnage.





I live with Compassion

I will do whatever is necessary to heal the hurts of others. I will strive to understand and be sensitive to their feelings.

WHAT IS COMPASSION?

The act of compassion is seeking to understand another's struggles from his or her point of view and then doing whatever is necessary to heal the hurt.

I WILL:

- Stop to listen.
- Listen when others want to talk.
- Give of my resources to help those in need.
- Look for lasting solutions.
- Comfort others without regard to race, gender, faith, age or nationality.

Canadian Role Model of Compassion



Stephen Henry Lewis, C.C. (born November 11, 1937) is a Canadian politician, broadcaster and diplomat. He is currently Social Science Scholar ☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆

☆

☆

-in-Residence at McMaster University, having recently completed his term as United Nations special envoy for HIV/AIDS in Africa.

From 1995 to 1999, Lewis was Deputy Director of UNICEF. From 2001 until 2006, he worked as United Nations Special Envoy for HIV/AIDS in Africa. In his role as Special Envoy, he worked to draw attention to the HIV/AIDS crisis and to convince leaders and the public that they have a responsibility to respond. He has been widely praised for his effectiveness in this role.

Stephen Lewis heads the Stephen Lewis Foundation, a charitable organization that helps people affected and infected by HIV/AIDS in Africa. In 2002, Stephen Lewis was made a Companion of the Order of Canada. Visit http://www.cbc.ca/ natureofthings/show mansleep.html to see an excerpt of an interview with Stephen Lewis.

000000000000

The world is a dangerous place, not because of those who do evil, but because of those who look on and do nothing. ~Albert Einstein

Character In Action in the High School

Suggested Activities *******

- Caring and Citizenship lessons from **Teen Character** Counts! http://www.charactercenter.com/ Teen Character Counts.pdf
- Watch a movie or a T.V. show and write about how the characters showed compassion and/or a lack of compassion. Write a critique of a person who lacked compassion and describe how he/she could become a more caring and compassionate person.
- Imagine that you have just inherited \$20,000, and you want to spend it all to help other people. What would you do with it, and why? What effect would it have on the people you would be helping.
- ☆ * As a class agree, through discussion, what the word $\stackrel{\wedge}{\Rightarrow}$ suffering means.

Have students individually, group or class develop a list of events in the past year where they know people have suffered. Have them consider questions such as:

- Was the suffering minor or major?
- What were some of the causes?
- Was there some person or people who contributed to the suffering?
- Who could have made a difference in ending the suf-
- Are there organizations locally, nationally, globally who feel responsible and act to alleviate the suffering

Using the definition, have students identify and make a list of times in the past year that they feel they suffered. Suggest they use the above questions and write a letter to themselves, a poem, a short story, etc. to document their thoughts.

NOVELS:

To Kill a Mockingbird -Harper Lee

The Pig Man -Paul Zindel

Cry the Beloved Country -Alan Paton

★ A Lesson Before ☆ *Dying* - Ernest ☆ Gaines

☆ POETRY:

☆

 $\stackrel{\wedge}{\Rightarrow}$

 $\stackrel{\wedge}{\Rightarrow}$

☆ "Thank You Ma'm"

"Compassion" -Robert Service

☆ MOVIES:

☆ Simon Birch

Hotel Rwanda

★ Pay It Forward

☆ Patch Adams



I demonstrate Optimism

I maintain a positive attitude.

WHAT IS OPTIMISM?

We maintain a positive attitude. We look on the brighter side of situations. We are able to see opportunities even in the face of adversity. We have hope for the future.

I WILL:

- Maintain a positive attitude.
- Be open-minded and try new things.
- Respect others taking risk.

ROLE MODEL:

Barach Obama:

"I'm asking you to believe. Not just in my ability to bring about a real change in Washington...I'm asking you to believe in yours."

Barack Obama was born to a white American mother, Ann Dunham, and a black Kenyan father, Barack Obama, Sr., who were both young college students at the University of Hawaii. When his father left for Harvard, she and Barack stayed behind, and his father ultimately returned alone to Kenya, where he worked as a government economist. Barack's mother remarried an Indonesian oil manager and moved to Jakarta when Barack was six. The family lived in a small apartment - his grandfather was a furniture salesman and an unsuccessful insurance agent and his grandmother worked in a bank but Barack managed to get into Punahou School, Hawaii's top prep academy. His father wrote to him regularly but, though he traveled around the world on official business for Kenya, he visited only once, when Barack was ten.



"It is easier to fight for one's principles than to live up to them."

~Alfred Adler.

Character In Action High School

Suggested Activities

Writing Prompts:

☆

❖

€ ☆ ☆ ☆

☆

- * React to the statement "Whatever is, is best."
- * The end of the school year is a time for looking ahead. What are your plans for next year? For the next five years?

 The things to the things of the thing
- * The characters in the novel are very optimistic that their dreams may come true. What are some of your hopes and dreams? What can you do to achieve them?

Student Activities:

- * The environment is an important issue right now. If we conserve now, do you think the earth will be in better shape for the next generation? Discuss.
- * Is being optimistic 'cool'? Why or why not?

Contact us at our website.
 http://www.rrdsb.com/ and we'll post some of the stories online for
 everyone to enjoy.

NOVELS:

Romeo and Juliet Crabbe Harry Potter and the Philosopher's Stone Of Mice and Men The Lion, The Witch and the Wardrobe Jane Eyre

SHORT STORIES:

The Little Engine that Could

Ten Lost Years by Barry Broadfoot

Five Reasons I Play Wheelchair Basketball (Elements of English 10)

№ POEM:

Optimism.

☆ The things which we in☆ visions see,☆ Are heralds of the things to

★ he;

For what we dream, we do.

★ Desires which in our be-★ ings burn,

Are destined to come true

-Colfax Burgoyne Harman http://skyways.lib.ks.us/poetry/harman/

optimism.html

SONG:

The Greatest Love of All (Whitney Houston)

MOVIES:

A Walk to Remember Star Trek 2009 Pay It Forward



I demonstrate Honesty

I will be sincere, trustworthy and truthful.

WHAT IS HONESTY?

HONESTY is when you commit to being true to yourself and others.

I WILL:

- speak the truth with kindness and caring.
- Be trustworthy, so people know they can depend on
- Be sincere, there is no difference between what I say and do and what I believe in my heart.
- Be impeccable with your
- Don't make assumptions

ROLE MODEL:



Melanie Good-

Melanie Goodchild is the owner of Raindancer Interactive, a successful multi-media communica-

tions consulting and design firm, and has also established herself in the film industry. Her productions have been broadcast on national television and screened at the prestigious Smithsonian Institute Museum of the American Indian. In 1993 she received the Broadcaster of the Future Aboriginal Peoples Internship Award from Global Television Network. Melanie is an advocate for Aboriginal youth and entrepreneurship. Becoming active in First Nations and youth issues as a young teenager, Melanie has been honored with the Ontario Native Women's Association Award, YTV National Youth Achievement Award, and a Canada Day Youth Citizenship Award. She speaks publicly in Canada and the United States on issues such as self -esteem, new technologies, entrepreneurship, and the prevention of drug and alcohol abuse.

0.0.0.0.0.0.0

"To make your children capable of honesty is the beginning of education."

~ John Ruskin

Character In Action High School

Suggested Activities

Writing Prompts:

- How many lies do you get to tell before you are a
- Do you consider yourself to be an honest person? Whv?
- What would you do if you found \$10,000.00 on the shelf beneath an ATM machine and nobody say you find it?

★ Student Activities:

☆

 \Rightarrow

- Have the students keep an "Honesty-Dishonesty" journal for one week. In this journal, document examples of honesty and dishonesty in everyday life. Keep track of all the times you hear or tell a "white lies." Pay particular attention to the media. See what 🖈 role honesty plays in stories covered in the news. Note how often dishonesty is at the core of TV sitcoms and dramas. At the end of a week, write your conclusion and share them with the class. What did you learn about your own behavior from doing this project?
- Conduct a survey in your school or community asking questions like the following: Do you think people are honest enough? What are some examples of dishonesty you really dislike? What are some examples of honesty that you especially appreciate? Compile the results.
- What is a phony? How does dishonesty turn people into phonies? What does it mean when you say that a person is "real" or "authentic"? What does being "real have to do with honesty?

NOVELS:

Romeo and Juliet Macbeth The Crucible The Taming of the Shrew Harry Potter and the Philosopher's Stone Harry Potter and the Sorcerer's Stone Me and Luke The Chrysalides A Midsummer Night's Dream Twelfth Night The Lion, The Witch and the Wardrobe Tuck Everlasting The Face on the Milk Carton The Catcher and the Rye The Curious Incident of the Dog in the Nighttime The Good Son The Hiding Place

SHORT STORIES:

In My Hands

☆

*

☆

~ Irene Gut Opdyke and Jennifer Armstrong

The Parsley Garden ~ William Saroyan

The Tell-Tale Heart ~ Edgar Allan Poe

POEMS:

The Apology ~Alden Nowlan

Guilt ~Leona Gon-(12)

MOVIES:

The Confession Boiler Room Liar Liar A Time to Kill Dead Man Walking A Few Good Men Apocalypse Now



I demonstrate Integrity

I am truthful and sincere.

WHAT IS INTEGRITY?

We are truthful and sincere. We insure consistency between what we say and what we do as well as between what we believe and how we behave. Integrity is demonstrated by people who do the right thing, no matter what the circumstances might be.

ROLE MODEL:

Greg Mortenson

Greg Mortenson is the co-founder of nonprofit Central Asia Institute www.ikat.org, founder of Pennies For Peace



www.penniesforpeace.org, and coauthor of the #1 New York Times bestseller Three Cups of Tea which has been a New York Times bestseller since its January 2007 release, and was Time Magazine Asia Book of The Year. On August 14th, 2008, Pakistan's government announced on its Independence Day, that Greg Mortenson will receive Pakistan' highest civil award, Sitara-e-Pakistan ("Star of Pakistan") for his courage and humanitarian effort to promote education, and literacy in rural areas for the last fifteen years. Pakistan's President will confer the award on March 23rd, 2009, in a official ceremony in Islamabad Mortenson was born in Minnesota in 1957. He grew up on the slopes of Mt. Kilimanjaro, Tanzania (1958 to 1973) On July 24th, 1992, Mortenson's younger sister, Christa, died from a massive seizure after a lifelong struggle with epilepsy on the eve of a trip to visit Dysersville, Iowa, where the baseball movie, 'Field of Dreams', was filmed in a cornfield. In 1993, to honor his sister's memory, Mortenson climbed Pakistan's K2, the world's second highest mountain in the Karakoram range From that rash promise, grew a remarkable humanitarian campaign, in which Mortenson has dedicated his life to promote education, especially for girls, in remote regions

of Pakistan and Afghanistan.



"It is easier to live through someone else than to become complete yourself."

~The Feminine Mystique 1963

~Betty Friedam

Character In Action High School

Suggested Activities

NOVELS:

Lord of the Flies Julius Caesar **Tuck Everlasting** Fahrenheit 451

SHORT STORIES:

Who Am I? By Brian Henry

POEM:

☆ Writing Prompts:

*

☆

*

☆

 $\stackrel{\wedge}{\sim}$

☆

☆

☆

☆

☆

*

*

☆

☆

Can you think of a time that you gave into peer pres

- **☆** * Can you think of a time when you saw something that you knew was wrong and choose not to join in? How did you feel after the event occurred.? Did others make you feel bad?
- ***** Describe a situation where you told a secret and wished you hadn't. What were the repercussions? How do you feel about it now?
- **☆** * A close friend is in serious, possibly illegal, or lifethreatening situation. What advice would you give?

Student Activities:

Some people define their relationships by social conventions or peer pressure. Have you ever felt pressured into a relationship with someone because your friends thought it was a good idea? Was it successful? Why or why not? Create a chart

indicating pro's and con's to share with the class.

☆ SONG:

☆

★ Superman Song (Crash) ★ Test Dummies)

MOVIES:

A Walk to Remember ★ The Emperor's Club ★ The Fugitive ★ The Hiding Place **Amazing Grace**



I demonstrate Fairness

I will treat others in a just, equitable and unbiased manner.

WHAT IS FAIRNESS?

FAIRNESS is being consistent. **FAIRNESS** is listening and being open.

FAIRNESS is being careful making judgments about others. **FAIRNESS** is treating people equally and equitably. **FAIRNESS** is following procedures.

I WILL:

- Follow rules.
- Be open-minded and listen to others.
- Treat people equally.
- Not blame others carelessly.

Role Model: Emily Murphy

Emily Murphy was a prominent suffragist and reformer. In 1917, she spearheaded the fight to have women declared "persons" in Canada and, therefore, eligible to serve in the Senate. She became the first female police magistrate in the British Empire and wasn't afraid to face a battle. If she had a good cause in hand, she was prepared to see it through to a successful end.On October 18, 1929, the Privy Council ruled that women are "persons" and can serve in the Senate. For Murphy, the Persons' Case was only one triumph in a lifetime of achievement. She combined family life with a writing career and a wide variety of reform activities in the interests of women and children. Murphy was a member of the Canadian Women's Press Club (president, 1913-1920), the National Council of Women, the Federated Women's Institutes, and 20 other organizations.



"Think of giving not as a duty but as a privilege. "

~John D. Rockefeller Jr.

Character In Action High School

Suggested Activities *****

Writing Prompts:

☆

*

*

☆

*

☆

☆

 $\stackrel{\wedge}{\swarrow}$

☆

☆

- Describe a time when your first impression was
- **☆** * Think of a time when you've taken unfair advan- $\stackrel{\wedge}{\swarrow}$ tage of a person or a situation, or when someone has taken unfair advantage of you. What was unfair about it? How did it make you feel? What did you learn from the experience?
 - How is fairness related to having respect for others? How is it related to honesty? To being a good citi-
 - Describe an unfair situation in your community and what you think should be done about it.

Student Activities:

- Have your students visit this website <www.goodcharacter.com> and click on "Opportunities for Action." There they will find opportunities to become involved in activities and issues relating to fairness and justice.
- Invite a judge to come and talk to your class about how he/she makes a fair decision in the courtroom.
- As a class, make two lists: a list of things we sometimes do in our personal lives that are unfair, and a list of things we do as a society that are unfair. What could be done to rectify these injustices so we can cross them off the list?

NOVELS:

Romeo and Juliet To Kill a Mockingbird The Crucible Othello The Merchant of Venice The Lottery Me and Luke Julius Caesar Of Mice and Men The Life & Death of Sneaky Fitch The Wave Jane Evre

SHORT STORIES:

A Country Called Canada ~by Gary Lautens (Grade 9)-Literacy Power-G

The Parsley Garden ~by William Saroyan

Men Must Pay For Evil They Do... ~by Tom Barrett

Stereotypes Are For "Others" ~by Maria Coletta Mclean

POEM:

☆

☆

 $\stackrel{\frown}{\swarrow}$

☆

☆

~~~~~

☆ ☆ ☆

Justice ~by Rita Joe

#### SONG:

Where is the Love? ~by Black Eyed Peas

#### **MOVIES:**

The Hurricane Double Jeopardy The Green Mile The Shawshank Redemption The Fugitive Cinderella



## I demonstrate Perseverance

I will not give up when things get tough. I will stick to my goals and work hard to achieve them, despite obstacles.

### WHAT IS PERSEVERANCE?

PERSEVERANCE is sticking to the goals that I have set for myself and never giving up on what I set out to do

#### I WILL:

- continue to be the best that I can
- lead by example and be a role model for others
- be patient and calm as I continue to strive for success
- stay the course, no matter how difficult it might become
- not become discouraged
- always believe in myself and my abilities



"The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand."

~Vince Lombardi

# Character in Action in the High School

## **Suggested Activities** \*\*\*\*\*

Give an example of someone you admire who showed perseverance.

Think of an activity where you gave up and you wished you hadn't. Describe it.

★ Have you ever felt that pressures from your peers pre-★ vented you from accomplishing something you wanted? Have you ever been affected by negative comments people have made about your abilities? What can you ☆ do about these kinds of external pressures when they get ☆ ☆ in the way of your success?

★ Watch for a news program that illustrates perseverance, ★ such as how citizens kept their town from flooding by piling up millions of sandbags. Discuss how perseverance can require much work but provide great benefits.

Read Oh, The Places You'll Go by Dr. Seuss. After story discussion, have students fold a piece of construction paper into fourths and write *I can do it!* in the center. Inside each square, ask students to draw or write one thing they want to accomplish in their lifetime and what they will do to accomplish it. Invite each student to share and explain one square. Display the papers on a bulletin board entitled Let's Do It!

\*\*\*\*\*



 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

 $\stackrel{\wedge}{\boxtimes}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Longrightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\mathbb{A}}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

Nelson Mandela: An Example of Perseverance

Nelson Rolihlahla Mandela was born in Transkei. South Africa on July 18. 1918. His father was Chief Henry Mandela of the Tembu Tribe. Mandela himself was educated at University College of Fort Hare and the University of Witwatersrand and qualified in law in 1942. He joined the African National Congress in 1944 and was engaged in resistance against the ruling National Party's apartheid policies after 1948. He went on trial for treason in 1956-1961 and was acquitted in 1961.

Mandela was arrested in 1962 and sentenced to five years' imprisonment with hard labour. In 1963, when many fellow leaders of the ANC and the Umkhonto we Sizwe were arrested, Mandela was brought to stand trial with them for plotting to overthrow the government by violence. On June 12, 1964, eight of the accused, including Mandela, were sentenced to life imprisonment.

During his years in prison, Nelson Mandela's reputation grew steadily. He was widely accepted as the most significant black leader in South Africa and became a potent symbol of resistance as the anti-apartheid movement gathered strength. He consistently refused to compromise his political position to obtain his freedom.

Nelson Mandela was released on February 11, 1990. After his release, he plunged himself wholeheartedly into his life's work, striving to attain the goals he and others had set out almost four decades earlier. In 1991, , Mandela was elected President of the ANC.

## **SUGGESTED RESOURCES:**

"It Starts with Me" - Craig Kielburger (p.198-201), Break Away

"Lance Rellland: Aboriginal Bone Marrow Registries" (p. 206-207) *Break Away* 

Stopping by the Woods on a Snowy Evening - Robert Frost, (p. 185) Nelson English: Literature and Media 9

The Best Kind of Fear - J. William Knowles (p. 22-23) Foundations of English 11

Angela's Ashes - Frank **McCourt** 

Erin Brockovitch (2000)

Chicken Run (2000)

*Music of the Heart* (1999)

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

October Sky (1999)

Amistad (1997)

# I live with Responsibility



I will be accountable for my actions, be reliable and keep my commitments.

## WHAT IS RESPONSIBIL-

We are accountable for all our actions. We follow through on our commitments. Responsibility is when you do what you say you're going to do, you keep your promises and you're accountable for your own actions.

## A CANADIAN ROLE **MODEL OF RESPON-SIBILITY**

David Suzuki is recognized as a world leader in 🖈 sustainable ecology, and is someone who devotes himself wholeheartedly to educating the public about the importance of the natural world and the need to protect it. He is an acclaimed geneticist, environmentalist, the host Writing Assignments: Nature of Things, the founder and chair of the David Suzuki Foundation, and the author of more than forty books, including The Sacred Balance, Tree, Good News for a Change, and the new David Suzuki: The Autobiography. David Suzuki is fulfilling his responsibility by promoting the world's responsibility to the earth over the airwaves and in the classroom. He is using his celebrity status for good.



## 

"You must take responsibility. You cannot change the circumstances, the seasons, or the wind, but you can change yourself." ~Jim Rohn

## **Character In Action in High School**

## **★** Journal Prompts:

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

☆

☆

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

- Do you consider yourself to be a responsible person? Why/ in what ways?
- ☆ \* Do you consider it important for your friends and family members to be responsible? Why?
- ☆ \* Think about somebody you know who is very responsible. How does that person demonstrate responsibility? Does that make you respect him/her
  - It's been said that "There are no rights without responsibility, and there is no responsibility without rights. "What does that mean? Do you agree? What is the relationship between rights and responsibilities?
  - What does being responsible have to do with the quality of your character?
  - What are the benefits of being a responsible person? How do you benefit from the responsibility of others?

- $\stackrel{\wedge}{\Longrightarrow}$ What responsibilities do you believe you personally have for: 1) yourself, 2) ☆ your family, 3) your community, 4) the world? ☆ \*
- Think of an instance when you were impressed by the way a teenager took ☆ responsibility for something. Write a news story (or letter to the editor)  $\stackrel{\wedge}{\Rightarrow}$ about this person.
- ☆ \* Write a letter to someone in the news who did something that you think was irresponsible. Be specific about why you don't think it was right and why you think this action sets a bad example.
- ☆ \* Write an essay about the relationship between your age and level of responsibility. How do responsibilities differ for people your age and for older adults? How has your sense of responsibility changed as you have gotten older? At what age should we become totally responsible and accountable for our actions?

#### **Student Activities:**

- Have your students visit this website <www.goodcharacter.com> and click on "Opportunities for Action." There they will find opportunities to become involved in activities and issues relating to personal and social responsibility.
- ☆ \* Divide the class into small groups. Have each group develop a list of do's and don'ts for being a responsible person. (Have them make oral reports to the class addressing the following questions: What happens when people live in accordance with these guidelines. What happens when they don't.

In what ways does irresponsible behaviour affect our community and society? In what ways can/do young people demonstrate personal responsibil-

#### **MOVIES:**

- A Bronx's Tale
- Spiderman
- Babel

#### **NOVELS/PLAYS:**

- To Kill a Mockingbird
- Harry Potter: Philosopher's Stone
- \*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* Cowboy's Don't Cry
  - Romeo and Juliet
  - ☆ \* Crabbe

☆

☆

☆

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\overset{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

 $\stackrel{\wedge}{\Rightarrow}$ 

☆

☆

- ☆ \* Me and Luke
- $\stackrel{\wedge}{\Rightarrow}$ Lord of the flies
- $\stackrel{\wedge}{\Rightarrow}$ Of Mice and Men  $\stackrel{\wedge}{\Rightarrow}$ 
  - The Face on the Milk Car-
- ☆ \* The Curious Incident of the Dog in the Nighttime
  - The Wave
  - Jurassic Park
  - Frankenstein
  - A Streetcar Named Desire
  - The Tempest

#### **SHORT STORIES:** ☆

- Story of Icarus and ☆ Daedulus ☆
  - "The Dutiful Daughter" by Victor Kadonaga (the Road Ahead)

## **☆** POETRY/SONGS:

- "Stopping by the Woods on a Snowy Evening" by Robert Frost
- ☆ \* "My Guilt" by Agnes Copithorne (Elements of English 10)
- ☆ \* "The Responsibility" by Peter Appleton (Contexts, Anthology 3)

## **☆** INFORMATIONAL TEXT:

☆ \* "Canada Joins in Boycott of Moscow Olympics" (News Article, Contexts, Anthology 3)