



HEALTH AND SAFETY NEWS

Rainy River District School Board

December 2016

Safety Talk—Travis Enge

Welcome to our first Health and Safety Newsletter for the Rainy River District School Board. The purpose of this newsletter is to share statistics, trends and stories from within the board in order to promote Health and Safety. To kick it off, we will be running a contest to name the newsletter. If your submission is selected you will be rewarded with a S' well water bottle. This bottle will keep your drink cold for 24 hours and hot for 12 hours. Thanks in advance for your submissions.

We also, as a Board, need to celebrate a really good news story from the 2015-16 School Year. We had a 17% reduction in recordable injuries. Recordable injuries are those that require a trip to the hospital or where time is lost from work. That is great news! Let's keep that momentum going!

For this month, our focus needs to be on slips, trips and falls. As "hearty Canadians," we often assume we can easily navigate these conditions, or we are in a hurry to get somewhere else and are most vulnerable to slips and falls. But according to WSIB statistics, slips, trips and falls cause almost 20% of all injuries in Ontario. With the average slip, trip or fall costing an employer an estimated \$2,000 in direct WSIB costs and a total of \$20,000 in indirect costs, they can be a costly hazard to ignore. Please focus on proper footwear, traction aids, take your time and be prepared for slippery conditions. A challenge to all is to get through these winter months without injury.

Common Causes of Workplace Accidents

SHORTCUTS: When workers take shortcuts at work,, they are only exposing themselves to a potential catastrophe. Simply put, shortcuts that are taken on the job are not actually shortcuts. They are simply increasing your risk of injury.

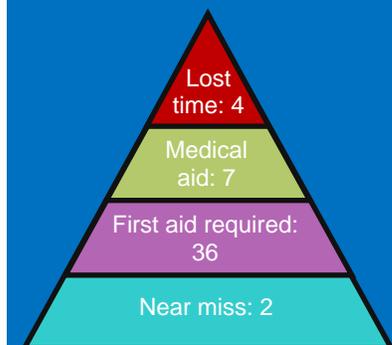
OVERCONFIDENCE: Confidence is always a great thing to have, but there is also such a thing as too much confidence. When workers walk into work everyday with the attitude that, "It will never happen to me", they are setting an attitude that leads to incorrect procedures, methods, and tools while working. Be confident, but remember that you are not invincible.

NEGLECTING SAFETY PROCEDURES: This is probably the worst thing that any employee at any level in the organization can do. Deliberately neglecting set safety procedures in the workplace doesn't just endanger yourself, but it endangers the workers around you as well as the organization as a whole.

If you have a story regarding safety within the board that you would like to share, please let us know. It could be something you learned or noticed, something that could be done better, or recognizing someone who is always a role model when it comes to safety. Email: travis.enge@mail.rrdsb.com

Board statistics

There have been 49 reported incidents as of Nov. 30 , resulting in:



“Name the Newsletter” contest

We're bringing you this newsletter to help keep everyone at the school board safe and we want you to help name the monthly newsletter.

If you have a brilliant idea, email it to: heather.latter@mail.rrdsb.com by December 16, 2016

The winner be announced in the next newsletter .

“Together, we empower all students to believe in themselves, to achieve, and to dream.”

This publication is available in accessible formats upon request.