

SAFETY FIRST!



Don't learn safety by accident

February 2017

Rainy River District School Board

Safety Talk—Travis Enge

Congratulations!! As of the end of January, the RRDSB has now had 42 school days without a Lost Time or Medical Aid injury. Since I have started keeping accurate statistics, that is a record for us. Our next best period of time without an injury occurred between May 6 and June 22 of 2016 where we went 32 school days. So keep up the good work. Our goal should always be zero injuries. If we can go injury free for the rest of this school year, we will have completed 135 school days without an injury. This would truly be something to celebrate. We have proven we can do it. Let's all focus on the end of the year injury free.

This month's topic is the Internal Responsibility System (IRS). The Ministry of Labour's website does a good job describing the IRS.

"The IRS is a system, within an organization, where everyone has direct responsibility for health and safety as an essential part of his or her job. It does not matter who or where the person is in the organization, they achieve health and safety in a way that suits the kind of work they do. Each person takes initiative on health and safety issues and works to solve problems and make improvements on an on-going basis."

Safety is everyone's responsibility. Only working together, can we improve safety and ensure everyone goes home in the same condition they came here in.

Next Month, I will cover information about our Joint Health and Safety Committee. I still have several of those great S'well water bottles to give away. On the back is a quiz to complete and send into Heather Latter to earn a chance to win a bottle. I only received 5 submissions last month so please ensure this newsletter gets onto staff room tables for all to read.

Have an injury free and safe month!!

Tips for safe lifting

- Get a good grip – Use both hands, and grasp opposite corners.
- Keep it in the middle – Hold the load between shoulder and knee height and don't overreach.
- Try not to bend – If you must, bend your knees to reach or place low-level objects.
- Keep it close – As you lift, keep your back straight and the load close to your body.
- Slide and tighten – Pull the load toward your stomach, tightening the muscles as you get ready to lift.
- Step or pivot – Don't twist or side bend while moving with a load.

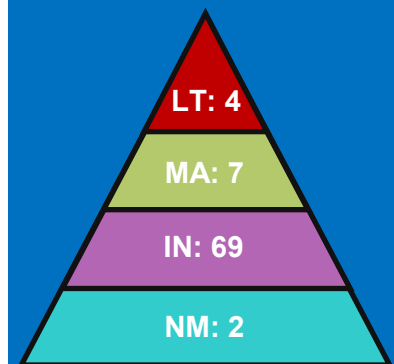


If you have a story regarding safety within the board that you would like to share, please let us know. It could be something you learned or noticed, something that could be done better, or recognizing someone who is always a role model when it comes to safety.

Email: travis.enge@mail.rrdsb.com

Board statistics

There have been
82 reported incidents
as of Jan. 31,
resulting in:



Congratulations

to

NIKKI ARMSTRONG

Manager of
Transportation Services

who was the winner of the
Internal Responsibility System
(IRS) Quiz from the January
newsletter.

Nikki answered all six questions
correctly and was entered into a
draw for a S'Well water bottle.

Check out the back of the
newsletter for another chance
to win!

"Together, we empower all students to believe in themselves, to achieve, and to dream."

This publication is available in accessible formats upon request.

**RAINY RIVER DISTRICT SCHOOL BOARD
INCIDENT/ACCIDENT SUMMARY**



Current Year - September 1, 2016 - January 31, 2016

Severity				Total	Incident Type						
LT	MA	IN	NM		STF	SBA	SBC	MS	CA	VI	OTHER
4	7	69	2	82	25	7	3	8	38	-	1
Severity	LT	1	-	-	3	-	-	-	-	-	-
	MA	5	1	1	-	-	-	-	-	-	-
	IN	20	6	2	5	37	-	-	-	-	-
	NM	-	-	-	-	1	-	-	-	-	1

Last Years Comparison - September 1, 2015 - January 31, 2015

Severity				Total	Incident Type						
LT	MA	IN	NM		STF	SBA	SBC	MS	CA	VI	OTHER
1	8	36	-	45	7	8	2	7	18	-	3
Severity	LT	1	-	-	-	-	-	-	-	-	-
	MA	-	2	1	2	1	-	-	-	-	2
	IN	6	6	1	5	17	-	-	-	-	1
	NM	-	-	-	-	-	-	-	-	-	-

LT	Lost Time - Time missed after day of injury.
MA	Medical Aid - Visit to hospital.
IN	Incident - First aid required or physical contact.
NM	Near Miss - No physical contact but close call.

STF	Slip, Trip, Fall
SBA	Struck By, Struck Against
SBC	Shock, Burn, Cut
MS	Musculoskeletal
CA	Child Aggression
VI	Violent Incident
OTHER	Allergic Reaction, Other

JHSC QUIZ

1. What does JHSC stand for?
2. Name 5 Worker Members of the committee?
3. Name 1 Management Member of the committee?
4. In your facility, there is a Health and Safety Board. Which room is it in?
5. Are the minutes for the last JHSC Meeting held on 16 Dec 2016 posted on it? (No right or wrong answer here. For information only.)

Email your answers to Heather Latter (heather.latter@mail.rrdsb.com) by Feb. 28, 2017.
Everyone who answers all questions correctly will be entered into a draw for a S'Well water bottle.