

SAFETY FIRST!



Don't learn safety by accident

January 2018

Rainy River District School Board

Safety Talk—Travis Enge

As predicted December had no recordable injuries for the month. That is great news for everyone especially around Christmas time.

After Christmas we had two similar injuries involving office workers who progressively became sorer while doing their duties at a desk. These are called repetitive strain injuries and led to two workers being unable to continue work resulting in lost time injuries. Repetitive strain injuries are usually slow to develop and are cyclical. Typically, a worker experiences worsening pain from day to day until the pain cannot be tolerated anymore. The best defense against these types of injuries is to break the cycle. If you feel discomfort or pain while completing your day to day tasks, break them up, change position, ensure your workstation is set up properly, or talk to your supervisor. There is a lot that can be done before it turns into something much worse.

Stay safe!!

The Well-Being Committee thanks the permanent RRDSB employees who have already completed the

Well-Being Survey

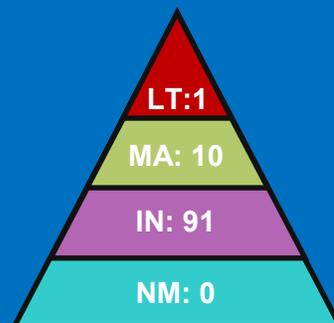
The short survey, which will assist the Committee in its future planning, is open until Feb. 5, 2018.

If you would like to take the survey, visit:
<https://www.rrdsb.com/staff-resources/wellness>

Just a reminder that survey results are anonymous. Once you have completed the survey, send an email to heather.latter@mail.rrdsb.com to be entered into a draw to win a RRDSB duffle bag.

Board statistics

There have been a total of 102 reported incidents this year as of December 31, resulting in:



If you have a story regarding safety within the Board that you would like to share, please let us know. It could be something you learned or noticed, something that could be done better, or recognizing someone who is always a role model when it comes to safety.
Email: travis.enge@mail.rrdsb.com

A Near Miss Could Be The Next Accident



Report ALL Near Misses Before It's Too Late

**RAINY RIVER DISTRICT SCHOOL BOARD
INCIDENT/ACCIDENT SUMMARY**



Current Year - September 1, 2017 - December 31, 2017

| Severity | | | | Total | Incident Type | | | | | | |
|-----------------|----|----|----|-------|---------------|-----|-----|----|----|----|-------|
| LT | MA | IN | NM | | STF | SBA | SBC | MS | CA | VI | OTHER |
| 1 | 10 | 91 | - | 102 | 14 | 4 | 3 | 4 | 73 | - | 4 |
| Severity | LT | 1 | - | - | - | - | - | - | - | - | - |
| | MA | 4 | - | 1 | 2 | 3 | - | - | - | - | - |
| | IN | 9 | 4 | 2 | 2 | 70 | - | - | - | - | 4 |
| | NM | - | - | - | - | - | - | - | - | - | - |

Last Years Comparison - September 1, 2016 - December 31, 2016

| Severity | | | | Total | Incident Type | | | | | | |
|-----------------|----|----|----|-------|---------------|-----|-----|----|----|----|-------|
| LT | MA | IN | NM | | STF | SBA | SBC | MS | CA | VI | OTHER |
| 4 | 7 | 50 | 2 | 63 | 20 | 4 | 2 | 7 | 29 | - | 1 |
| Severity | LT | 1 | - | - | 3 | - | - | - | - | - | - |
| | MA | 5 | 1 | 1 | - | - | - | - | - | - | - |
| | IN | 14 | 3 | 1 | 4 | 28 | - | - | - | - | - |
| | NM | - | - | - | - | 1 | - | - | - | - | 1 |

| | |
|----|----------------------------------------------------|
| LT | Lost Time - Time missed after day of injury. |
| MA | Medical Aid - Visit to hospital. |
| IN | Incident - First aid required or physical contact. |
| NM | Near Miss - No physical contact but close call. |

| | |
|-------|---------------------------|
| STF | Slip, Trip, Fall |
| SBA | Struck By, Struck Against |
| SBC | Shock, Burn, Cut |
| MS | Musculoskeletal |
| CA | Child Aggression |
| VI | Violent Incident |
| OTHER | Allergic Reaction, Other |

Please report any Board employees that you

CAUGHT WORKING Safely

Caught Working Safely in December were:

Rachelle Yeo (RMS), Crystal Cain (RMS), and Silvia Giles (Ed Centre).

Each received a hoodie or duffle bag, while their nominators received a small prize.

Congratulations to these staff members for working safely.

To nominate someone you “Caught Working Safely,” send an email to Heather Latter providing:

- the name of the person you caught working safely,
- what they were doing that prompted you to send in an email,
- what you said to them to thank them, and
- your name.

“Together, we empower all students to believe in themselves, to achieve, and to dream.”

This publication is available in accessible formats upon request.