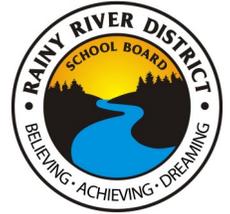


SAFETY FIRST!

Don't learn safety by accident



April/May 2018

Rainy River District School Board

Safety Talk—Travis Enge

We all need to be proud that we have not had a single recordable injury since March 21st. That is an excellent achievement. We had not gone that long without an injury since Nov 2016 - Feb 2017. We also now have one less injury for this school year than we did for the same time period last year. I am always looking to celebrate improvements, so great work at being and working safe!

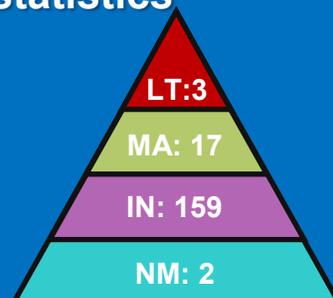
I have heard that people are having trouble finding out what form to fill out when reporting a health and safety incident. The Ministry has allocated boards \$10,000 of funding in Memo 2018: SB06 to support the adoption of a common online reporting tool. A review is underway to find a suitable one to implement for the 2018-19 School Year. In the mean time, to find our existing form, the easiest way to do this is:

- From First Class Desktop
- Click on --> Policies / Procedures & Forms
- Click on --> Forms
- Click on or scroll to --> Health and Safety
- Find --> Accident / Violent Incident / Near Miss (Employee Report).

Once we have our online reporting tool, this will change. But it is important for you to know where the Board's Policies / Procedures & Forms website is. Here you can find all kinds of information about policies and procedures. These documents are the rules and processes for how we all work within the Board.

Board statistics

There have been a total of 181 reported incidents this year as of May 17, resulting in:



20 WAYS TO LOOK AFTER YOUR MENTAL HEALTH

- EXERCISE REGULARLY ✓
- TALK TO FRIENDS ✓
- LISTEN TO MUSIC ✓
- EAT WELL ✓
- MAKE TIME FOR YOURSELF ✓
- CHALLENGE NEGATIVE THINKING ✓
- GET INVOLVED IN GROUP ACTIVITIES ✓
- SMILE MORE ✓
- BE MINDFUL ✓
- DO SOMETHING THAT MAKES YOU HAPPY ✓
- KEEP ACTIVE
- START A TO DO LIST
- LET PEOPLE KNOW HOW YOU FEEL
- REACH OUT WHEN YOU ARE LONELY
- GET INTO A GOOD SLEEP PATTERN
- TRY SOME DEEP BREATHING
- WORK ON IMPROVING YOURSELF
- SURROUND YOURSELF WITH PEOPLE WHO MAKE YOU HAPPY
- SHARE THINGS WITH FRIENDS AND FAMILY
- PRACTICE PROGRESSIVE MUSCLE RELAXATION

If you have a story regarding safety within the Board that you would like to share, please let us know. It could be something you learned or noticed, something that could be done better, or recognizing someone who is always a role model when it comes to safety. Email: travis.enge@mail.rrdsb.com

**RAINY RIVER DISTRICT SCHOOL BOARD
INCIDENT/ACCIDENT SUMMARY**



Current Year - September 1, 2017 - May 17, 2018

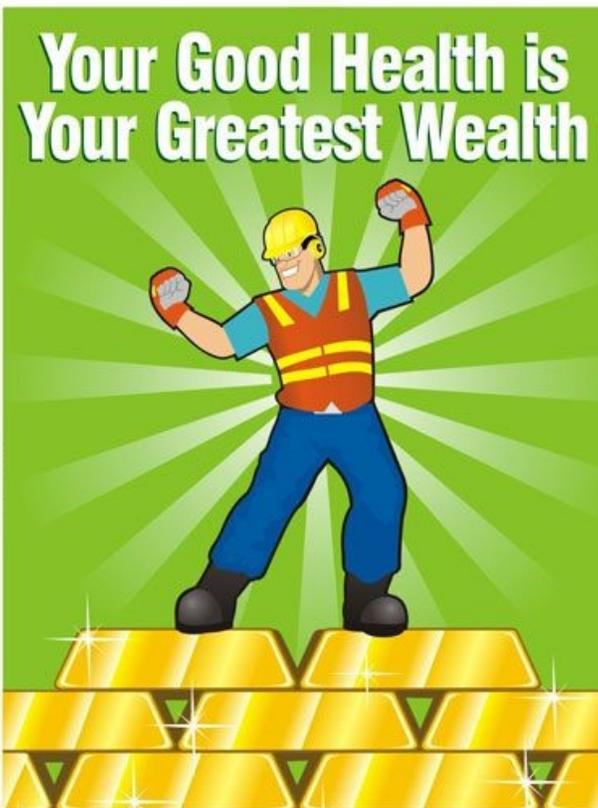
Severity				Total	Incident Type						
LT	MA	IN	NM		STF	SBA	SBC	MS	CA	VI	OTHER
3	17	159	2	181	32	13	3	9	118	1	5
Severity	LT	2	-	-	-	1	-	-	-	-	-
	MA	5	2	1	4	5	-	-	-	-	-
	IN	25	11	2	5	111	-	-	-	5	-
	NM	-	-	-	-	1	1	-	-	-	-

Last Years Comparison - September 1, 2016 - May 17, 2017

Severity				Total	Incident Type						
LT	MA	IN	NM		STF	SBA	SBC	MS	CA	VI	OTHER
7	14	124	2	147	38	9	4	12	78	3	3
Severity	LT	2	-	-	-	-	-	-	-	-	-
	MA	1	3	1	2	2	-	-	-	-	2
	IN	9	8	2	5	53	-	-	-	-	1
	NM	-	-	-	-	7	-	-	-	-	-

LT	Lost Time - Time missed after day of injury.
MA	Medical Aid - Visit to hospital.
IN	Incident - First aid required or physical contact.
NM	Near Miss - No physical contact but close call.

STF	Slip, Trip, Fall
SBA	Struck By, Struck Against
SBC	Shock, Burn, Cut
MS	Musculoskeletal
CA	Child Aggression
VI	Violent Incident
OTHER	Allergic Reaction, Other



CAUGHT WORKING

This month's winner is Bob Kowal

"Bob is a prime example of an employee who puts a strong focus on health and safety, not only at the Board Office, but also when he is out visiting schools. He's quick to notice and praise others for working safely and to take it upon himself to resolve any health and safety issues he discovers.

Most recently, Bob came across a spilled water at the Board Office and quickly had it cleaned up."

Please continue to send in nominations for employees you "Caught Working Safely," to heather.latter@mail.rdsb.com

"Together, we empower all students to believe in themselves, to achieve, and to dream."

This publication is available in accessible formats upon request.